



Recommendations to Promote the Health and Safety of Infants and Toddlers in Childcare

As they develop from birth to age 3, young children rely on the adults who care for them to keep them clean, dry, fed, and safe from harm. As part of its Charting Progress for Babies in Child Care project, CLASP recommends that states promote the health and safety of infants and toddlers in child care. New resources on this recommendation are now available. Users can access a wide range of information, including research to "make the case" for promoting infant/toddler health and safety; a research bibliography; policy ideas for states; state examples; and online resources.

<http://www.clasp.org/babiesinchildcare/recommendations?id=0008>

References



Information found in this section focuses on Head Start Performance Standards.

<http://eclkc.ohs.acf.hhs.gov/hslc/Early%20Head%20Start/References>

Parenting Infants and Toddlers Today

Just released, Zero To Three, new national parent survey offers critical insight into the issues facing parents of very young children. Read the [detailed report](#) , [listen](#) to experts discuss the findings, and [explore](#) the resource kit that includes downloadable handouts and more.

<http://www.zerotothree.org>

Infant and Newborn Development

As a parent you may have many questions regarding your baby's development. Such as when will my baby take his first step or say her first word? During their first year, babies start to develop skills they will use for the rest of their lives. The normal growth of babies can be broken down into the following areas:

- Gross motor - controlling the head, sitting, crawling, maybe even starting to walk
- Fine motor - holding a spoon, picking up a piece of cereal between thumb and finger
- Sensory - seeing, hearing, tasting, touching and smelling
- Language - starting to make sounds, learning some words, understanding what people say
- Social - the ability to play with family members and other children

Babies do not develop at the same rate. There is a wide range of what is considered "normal." Your baby may be ahead in some areas and slightly behind in others. If you are worried about possible delays, talk to your baby's health care provider. Developmental guidelines can be found at

<http://www.nlm.nih.gov/medlineplus/infantandnewborndevelopment.html>



Our Pledge: The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email. We would like to hear from you and encourage your suggestions for newsletter content. Contact the editor: **Joyce Roach**

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