



### Getting Ready to Read and Write

Developing the skills necessary to read and write actually starts in your child's earliest months of life. Take a [look](#) at this new ZERO TO THREE booklet which offers ideas for nurturing these skills in your everyday interactions with your young child. The information is presented in easy-to-reference tables, organized by age from birth to 5 years. This booklet is available exclusively online.

### How to Make "No" Really Mean "No"

How do you handle an extremely persistent child who just won't take "No" for an answer? While persistence is great for helping children hang in there when they face a challenge, a very persistent young child can also make limit-setting no fun at all for parents. [Learn how](#) to be clear about limits and how to avoid negotiations with your stick-to-it toddler.

### Persistence in Action

This short [video clip](#) shows how even young babies can be very persistent in going after something they really want. (The baby in this clip is 9 months old.) While young babies, like this one, often respond to redirection—or distracting them from what is not allowed—older toddlers don't usually go for this trick. If you have a young baby, think about how you might use distraction the next time he wants something he can't have. If you have an older toddler, what have you found to be the best way to shift his interest from what is "forbidden" to what is acceptable?

Our Pledge: The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email. We would like to hear from you and encourage your suggestions for newsletter content. Contact the editor: [joyce.roach@stginternational.com](mailto:joyce.roach@stginternational.com)

### Upcoming Events

These featured events are an excellent means of sharing information, as well as keeping abreast of new developments in the early childhood development and Early Head Start (EHS) communities.

2010

January 11-15, 2010 and February 2-5, 2010

Orientation for Newly Awarded Early Head Start (EHS) Programs

Hosted by: Office of Head Start (OHS)

Location: Washington, DC

These sessions are scheduled to help new grantees in implementing their EHS programs. Venue updates coming soon.

### Key Implementation Tools for Early Head Start

- Checklist for New Early Head Start Directors
  - Organizational Readiness Chart
  - Quality Early Head Start services
  - Early Head Start questions and answers
  - Early Head Start 101 Tool Kit
- View [ECLKC](#) to review the above resources

[Read](#) the newest Early Head Start Tip Sheets:

- Defining Challenging Behaviors
- Individualized Support Plan for
- Challenging Behaviors
- Including Grandparents in Home-Based Activities