



Everyday Parenting



Is parenting simply common sense? No, parenting is a labor of love requiring practices reaching beyond simple common sense; it's about teaching, mentoring and modeling, guiding, bonding, communicating, nurturing, building relationships, coping, and far more. This section provides information and resources to help you with those everyday parenting issues.

[http://eclkc.ohs.acf.hhs.gov/hslc/For%20Parents/Everyday%](http://eclkc.ohs.acf.hhs.gov/hslc/For%20Parents/Everyday%20Parenting)



FAMILY LOVE

Family & Community Partnerships



ECLKC offers culturally and linguistically responsive materials to promote and strengthen meaningful relationships between families, communities, and child education programs.

[Reports](#) [Multimedia](#) [Research](#) [Supplementary Materials](#)

Safe & Healthy Family



As your family's health and safety requires a lot of attention; it's no easy job! Whether you are inside or outside of the home, in a crisis, or being proactive, we have quick tips and practical guides to help promote a safe environment and healthy family.

<http://eclkc.ohs.acf.hhs.gov/hslc/For%20Parents/Safe%20and%20Healthy%20Family;Y2hyaXN0aW5la2lsbGVu>

Our Pledge: The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email.

We would like to hear from you and encourage your suggestions for newsletter content. Contact the editor: Christine Killen
[mailto: @stginternational.com](mailto:@stginternational.com) **STG International, Inc - Member of the Head Start National Training & Technical Assistance Network**

Smoke Free Homes Program

The National Survey on Environmental Management of Asthma and Children's Exposure to Environmental Tobacco Smoke has determined that 11% of children, 6 years old and under, are exposed to Environmental Tobacco Smoke (ETS) in their homes four or more days per week. Head Start staff should make provisions to ensure that all families are intentional in their efforts to maintain smoke free environments for their children. A few basic actions can protect children from secondhand smoke.



Breathing **secondhand smoke** can be harmful to children's health including asthma, Sudden Infant Death Syndrome (SIDS), bronchitis and pneumonia and ear infections. Children's exposure to secondhand smoke is responsible for: (1) increases in the number of asthma attacks and severity of symptoms in 200,000 to 1 million children with asthma; (2) between 150,000 and 300,000 lower respiratory tract infections (for children under 18 months of age); and, (3) respiratory tract infections resulting in 7,500 to 15,000 hospitalizations each year. **More>>**