



**Single Parent Family**

**10 Ways to Tame Your Kid's Tantrums**

The smart parent's guide to coping with your kid's fits.  
By Shaun Dreisbach

When your kid's in the middle of a tantrum, it can be tough to keep yourself from having your own meltdown, too.

"Meltdowns are terrible, nasty things, but they're a fact of childhood," says Ray Levy, PhD, a Dallas-based clinical psychologist and co-author of *Try and Make Me! Simple Strategies That Turn Off the Tantrums and Create Cooperation*. "Young kids -- namely those between the ages of 1 and 4 -- haven't developed good coping skills yet. They tend to just lose it instead." And what, exactly, sets them off to begin with? Every single tantrum, Levy says, results from one simple thing: not getting what they want. "For children between 1 and 2, tantrums often stem from trying to communicate a need -- more milk, a diaper change, that toy over there -- but not having the language skills to do it," says Levy. "They get frustrated when you don't respond to what they're 'saying' and throw a fit." For older toddlers, tantrums are more of a power struggle. "By the time kids are 3 or 4, they have grown more autonomous," Levy adds. "They're keenly aware of their needs and desires -- and want to assert them more. If you don't comply? "Tantrum City."

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**Preventing Child Abuse and Neglect: Parent-Provider Partnerships in Child Care**

**ZERO TO THREE (2006) [View Abstract](#)**

**Training curriculum to help childcare providers promote positive parenting and healthy social-emotional development in children by building protective factors into their programs**

**Partnering With Families**

Teaching Strategies view families as important partners in children's learning. Teachers who foster trusting partnerships with their children's families are often rewarded with a deeper insight into individual children's learning styles and developmental progress. Children often gain confidence in their abilities when they know that a team of caring adults shares their triumphs and works together to achieve a positive learning experience. "Building Partnerships With Families" chapter discusses one of the most important components of *The Creative Curriculum® for Infants, Toddlers & Twos*. It provides valuable information that will help you to:

- understand the benefits of working with families as partners in the care of their children
- address special concerns held by families with children under age 3
- welcome families to your program and appreciate their differences
- communicate with families in a meaningful and respectful way

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More than 20 million kids in the United States live with one parent. Separation and divorce are the most common reasons for this. In other cases, the mom and dad may never have lived together, or one of them may have died. Living with one parent instead of two can bring out a lot of emotions. These feelings can be pretty strong, and they can be confusing, too. [Read More:](#)



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