



**Head Start Healthy Marriage E-Newsletter:**  
**April 2010**

The Wayne County Head Start Healthy Marriage Program is challenged to meet the needs of fifteen distinct cultures in its Head Start program, each with a unique perspective on marriage and family. The Dearborn neighborhood, for example, has the largest number of Arab American families in the nation. Read more at: [Head Start Healthy Marriage Newsletter: April 2010](#).



**Outcomes of Parenting**

ExchangeEveryDay May 12, 2010

**Supporting Parenting**, a publication of the Open University in the United Kingdom, funded by the Bernard van Leer Foundation, is a global overview of policies and practices in providing support to parents. The publication contends that the quality of parent-child relationships is significantly associated with...

- *Learning skills and educational achievements.* Children's reading ability is associated with the reading environment around them and there is evidence that parental involvement with school is associated with achievement.
- *Social competence.* Parental warmth, lack of conflict, and control and monitoring appear to play an important role in developing children's social skills.
- *Children's own views of themselves* — including their sense of self-worth.
- *Aggressive 'externalizing' behavior and delinquency.* The more extreme the circumstances for parents, the worse the outcomes for children and the likelihood of psychological disturbance.
- *Depression, anxiety, and other 'internalizing' problems* — include complaints where physical symptoms are related to emotional stress and social withdrawal.
- *High-risk health behaviors* — such as smoking, illicit drug use, alcohol use, sexually risky behavior, and obesity.

**The State of America's Children® 2010**

Findings from CDF's [The State of America's Children® 2010](#) illustrates a growing gap in family income where a minority of wealthy households are reaping most of the nation's income. [The Family Income section](#) of the report shows that income of the top one percent of U.S. households grew more than ten times as fast as the income of the bottom 90 percent between 2002 and 2007. In the 1960s, 65 percent of the nation's income gains went to the bottom 90 percent of U.S. households. Forty years later, 65 percent of the gains went to the top one percent. And the recession has increased the number of poor and low income children and families.

And who does the disparity in income hit the hardest? Children are the poorest age group in America—every fifth child is poor. A baby is born into poverty every 32 seconds, 2,692 each day.

**Our Pledge:** The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email.

**We would like to hear from you and encourage your suggestions for newsletter content.** Contact the editor: **Christine Killen**

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