



Preschool Behavior & Development



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8 Mistakes Parents Make With Preschoolers

How to avoid these common mistakes parents make with their preschoolers. By [Jennifer Soong](#)

Does it sometimes seem like your preschooler has the innate ability to push you to the outer edge of your patience? And that's on a good day. Fear not, moms and dads, you're not alone. Preschoolers are toying with their newfound independence, but they still revel in the close attention and love of their caregivers.

"These ages (3-5) are among the most active and frustrating in terms of parenting," says Michele Borba, EdD, author of *The Big Book of Parenting Solutions*.

Here are eight common mistakes parents make and smart fixes to avoid or resolve the problems.

Mistake No. 1: Straying Too Much From Routines

Mistake No. 2: Focusing on the Negative

Mistake No. 3: Missing the Warning Signs

Mistake No. 4: Encouraging Whining

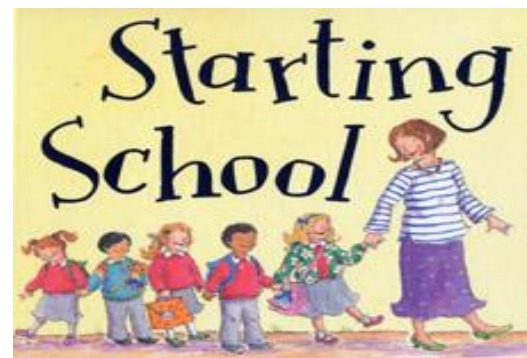
Mistake No. 5: Overscheduling Your Child

Mistake No. 6: Underestimating the Importance of Play

Mistake No. 7: Getting Distracted By the Daily Grind

Mistake No. 8: Overreacting to Lies

<http://www.webmd.com/parenting/features/parenting-preschoolers-mistakes>



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