



## Health Newsletter

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### Sesame Street and Elmo to Launch H1N1 Broadcast

The Department of Health and Human Services, the Department of Homeland Security, the Department of Education and Sesame Workshop, the nonprofit educational organization behind Sesame Street, have teamed up to launch a new, national public service advertising campaign designed to encourage American children and families to practice healthy habits and to take steps to prevent the spread of the 2009 H1N1 flu virus. To read more visit [Sesame Workshop](#) or to download broadcast quality versions of these PSAs, click [here](#).

### H1N1 Materials for Children, Staff, & Families

I would like to pass along an H1N1 PowerPoint Presentation with permission from the state of Georgia. It is attached to this email and is loaded with great information and graphics. This can be edited and customized to use as you wish for training, or for wonderful, informative bulletin boards for staff and families. Also, attached you will find letters to parents, fact sheets, posters and flyers in **both** English and Spanish for your use.

### ADHD: Take the Next Step after an ADHD Diagnosis

Children with ADHD have trouble paying attention, controlling impulsive behaviors, and in some cases, are overly active. As a parent of a child with ADHD remember that while ADHD can't be cured, it can be successfully managed. Seek help! Click [here](#).

### A Parents Guide to Kids' Vaccines

This updated guide from the FDA offers useful information about the benefits and risks of vaccines, along with steps to take when children are vaccinated. To learn more click [here](#).

### Lead Poisoning Prevention for Head Start Children

#### Tips and Resources for Programs to Meet the Lead Screening Requirement

Lead screening measures lead amounts in blood and determines a child's risk for such poisoning. Health managers, health staff, and disability coordinators can refer to these basic lead screening facts to better support positive health and developmental outcomes. To access this great tip sheet from the ECKLC website, click [here](#).

**Our Pledge:** The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email. **We would like to hear from you and encourage your suggestions for newsletter content.** Contact the editor, Allyson Taylor: <mailto:allyson.taylor@stginternational.com>