



### **A Child's IQ Can Be Affected by Mother's Exposure to Urban Air Pollutants**

A study funded by the National Institute of Environmental Health Sciences (NIEHS), one of the 27 institutes of the National Institutes of Health (NIH), found that children exposed to higher levels of polycyclic hydrocarbons (PAHs) in urban communities may lower a child's intelligence quotient (IQ). The study, conducted by the Columbia University Center for Children's Environmental Health, followed 249 children in utero until 5 years of age.

### **Do You Have This School Supply?**

Bookbag, yeah. Paper, pencils, calculator, yeah. And there's something else many kids may need for school – a meningitis vaccination.

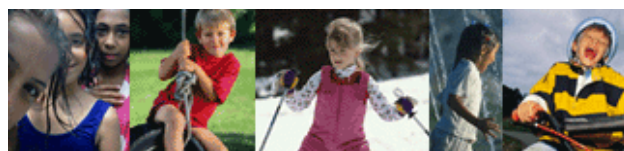
Bacterial meningitis can spread from person to person, and can be life-threatening. Pre-teens, adolescents, and college freshmen who live in dormitories are at an increased risk. But it can be prevented with a vaccine. For more information click [here](#).

### **The Two-Flu Season**

2009 H1N1 influenza is getting the attention – which makes sense because it's new, a pandemic variety, and people have no immunity against it. But this is a two-flu season. Seasonal flu also will be out there.

An expert panel, the Advisory Committee for Immunization Practices, gave its recommendations on seasonal flu vaccination to the Centers for Disease Control and Prevention. The CDC's Dr. Tony Fiore says anyone who wants to reduce the chance of getting seasonal flu – or giving it to others – should get vaccinated. Children younger than 6 months old cannot receive influenza vaccination. To protect them, their household and their close contacts – such as child care providers – should be vaccinated. To read more, click [here](#).

### **Raise Safe and Healthy Kids**



Follow these [tips](#) from the CDC to help ensure your kids grow up to be safe and healthy adults.

**Our Pledge:** The KY T/TA State Office pledges to provide timely, current, and interesting monthly newsletters for the Head Start and Early Head Start communities and others interested in the field. In keeping with our mission to be more "green," we will provide our easy to read newsletter via email. **We would like to hear from you and encourage your suggestions for newsletter content. Contact the editor: Allyson Taylor [mailto: allyson.taylor@stginternational.com](mailto:allyson.taylor@stginternational.com)**

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